Sun Safety Policy (2025–2026)

Sun Safety Policy

1. Purpose

This policy aims to protect children and staff from the harmful effects of sun exposure while ensuring safe enjoyment of outdoor activities.

Sun Safety Policy

2. Scope

Applies to all children and staff at Little Wonders Nursery during outdoor activities, particularly in warm weather.

3. Sun Safety Measures

Sun Protection:

- Children will be provided with sun cream before outdoor play. Parents must provide a suitable, named sun cream for their child, which will be applied by staff every 2 hours or as needed.

Hats and Clothing:

- Children will be encouraged to wear wide-brimmed hats to protect their faces, necks, and ears from the sun. Staff will also ensure children wear light, long-sleeved clothing and long pants to reduce sun exposure.

Shade:

- The nursery will ensure that children have access to shaded areas during outdoor play to avoid prolonged exposure to direct sunlight.

Water:

- Fresh drinking water will always be available for children to stay hydrated during warm weather.

4. Outdoor Play Guidelines

Timing:

- Outdoor play will be limited to early morning or late afternoon hours when the sun is less intense (usually before 11 a.m. or after 3 p.m.) during the hotter months.

Observation:

- Staff will regularly check the children for signs of overheating or dehydration and move children to cooler areas when necessary.

5. Education and Awareness

- Children will be taught about the importance of sun safety through fun activities and stories, promoting awareness from an early age.
- Parents will be reminded to apply sun cream in the morning before bringing their child to the nursery and are encouraged to provide additional protection as needed.